



GERMAINE^{DE} CAPUCCINI
ADVANCED PROFESSIONAL COSMETICS

GERMAINE^{DE} CAPUCCINI

THE MOST INNOVATIVE TREATMENT PRODUCTS

Your personal guide to beauty

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GERMAINE^{DE} CAPUCCINI

ADVANCED PROFESSIONAL COSMETICS



EVERYTHING YOUR SKIN NEEDS

Germaine de Capuccini creates the highest-quality professional skin care products for both men and women. Originating 50 years ago in Spain, its results-oriented treatments can now be found in more than 80 countries around the world.

Germaine de Capuccini's extensive line is created in one of Europe's most modern research and manufacturing facilities where each product is crafted exclusively with carefully selected plant and marine ingredients. Its formulas are inspired by the natural cosmetics used in ancient cultures, modernized through nano-technology and focus on one clear goal: To achieve balance between beauty and well-being.

Considerable resources are dedicated to Germaine de Capuccini's commitment of caring. Its "green chemistry" manufacturing process indicates that its products are produced with natural and organic ingredients, that animal experimentation is absolutely rejected and that any process which could produce environmental damage is avoided.

Its bio-degradable packaging contains product descriptions in Braille and six different languages and inserts with product instructions come in twelve languages.



GERMAINE^{DE} CAPUCCINI

ORGANIC LINE

NATURAE

ANTI-OXIDIZING AND NOURISHING

NATURAE AT THE SPA

Germaine de Capuccini's NATURAE is an organic line certified by ECOCERT which offers a green solution featuring White Tea extract, the most powerful anti-oxidant in nature. NATURAE therapy is a program to intensely hydrate, nourish and revitalize the skin while protecting it against environmental aggression and fighting premature aging.

RECOMMENDED FOR:

All ages, all skin types except very oily skin.

Ingredients:

- **White Tea Organic Extract:** rich in polyphenols, flavonoids and vitamins C and E; one of the most powerful anti-oxidizing agents in nature.
- **Organic Oil of Aleurites Moluccana Seed:** an excellent anti-oxidizing agent.
- **Virgin Organic Soy Oil:** soothes and revitalizes.
- **Virgin Organic Helianthus Annuus Oil:** rich in vitamin E and essential fatty acids to protect against free radicals, while preserving youthfulness.
- **Organic Vegetal Water of Barley Shoots, Orange and Mint:** has vitamins, minerals, essential oils and trace elements which provide excellent hydrating, toning and stimulating properties.
- **Phytosterols, Phospholipids and Ceramides:** provide hydration.
- **Galactaric Acid:** excellent anti-oxidant and strong protective agent extracted from lemons; works against daily aggressions experienced by the skin as a result of polluted environments.

NATURAE AT HOME

Hydrating Cleansing Milk: a creamy cleanser that gently removes make-up from the face and neck. It liberates the skin of imperfections and pollutants, providing an exquisite sensation of comfort and immediate hydration.

Hydrating Toning Lotion: a fresh lotion that eliminates any residue left on the skin, leaving the face cleansed, toned and soft. The skin recovers a suitable level of hydration and an immediate sensation of well-being. Alcohol-free.

Multi-Protection White Tea Facial Cream: suitable for normal skin and dry-prone skin. A rich silky cream that strengthens the skin barrier and helps restore the skin's optimal hydration level to reveal beautiful and healthy skin day by day. Its White Tea Organic Extract, cares for the skin by working against free radicals, dehydration and premature aging. Its delicate scent increases the sensation of comfort on the skin.

Intense Multi-Protection White Tea Mask: prevents aging and protects the skin against external agents which damage the skin, while providing nourishment, hydration and protection.



EXCEPTIONAL ANTI-AGING

EXCEL THERAPY PREMIER

PROLONGING VITALITY

Ingredients:

- **Longevity-Guard:** a combination of peptides extracted from rice that acts on skin cells and induces synthesis of SIRT 1 sirtuins, commonly known as the proteins of longevity.
- **Micro-Collagen:** provides the skin with firmness and softness, while reducing the depth and quantity of wrinkles.
- **Hyaluronic Acid:** hydrating effect.
- **Vitamin C. Derivate (VC-IP):** anti-oxidizing, regenerating and hydrating effect that illuminates and gives the skin a uniform appearance.
- **Multi-Lamellar Complex with Ceramides:** activates, protects and repairs the skin's natural hydration systems.

Germaine de Capuccini's most prized jewel. An exceptional anti-aging treatment that prolongs your cells' life and your skin's youthfulness as it introduces in the heart of this formula a revolutionary biotechnological ingredient as a result of many years of research: LONGEVITY-GUARD, a combination of peptides extracted from rice with SIRT-activating capability, sirtuin activator. Luxury and science fuse together in this extraordinary and exquisite anti-aging treatment.

**RECOMMENDED FOR:
40 years of age onward.**

EXCEL THERAPY PREMIER AT HOME

The Cream: luxurious anti-aging cream with a soft texture and exquisite fragrance made up of jasmine, lilac, rose, cedar, musk, amber and ylang-ylang. THE CREAM activates sirtuins (enzymes responsible for health and longevity) within skin cells to prolong their life and therefore, delay global skin aging. The skin is left regenerated and reconstructed, feeling deeply recovered, and extraordinarily protected against UV radiation and oxidative environmental aggressions. THE CREAM also includes a potent combination of anti-aging ingredients including: micro-collagen, hyaluronic acid and derivate of vitamin C (VC-IP).

The Serum: an extraordinary "elixir of youthfulness" with exceptional anti-aging effectiveness. THE SERUM is a concentrated treatment of superior quality enriched with an original bio-technological ingredient called Longevity-Guard, which stimulates the proteins of longevity in facial skin. By prolonging the life of these cells, THE SERUM reactivates the skin's functions capable of regenerating, rebuilding and deeply recovering itself. Apply THE SERUM prior to THE CREAM.





TIMEXPERT SRNS

INTENSIFY YOUR SKIN'S DEFENSE CAPACITY

Ingredients:

- **Zinc-Glycine Complex:** ingredient awarded with the IFSCC prize (considered the Nobel Prize of cosmetics) for its power to reinforce the intracellular capacity of the keratinocytes* to neutralize the ROS (Reactive Oxygen Species).
- **RC-Advanced:** provides energy and vitality. Protects, regenerates and reconstitutes the skin.
- **Soluble Native Collagen:** excellent film-forming and hydrating properties.
- **Hyaluronic Acid with Different Molecular Weights:** prevents loss of water, provides smoothness and firmness for the skin and provides the skin with suppleness and firmness.
- **Ceramides:** regenerate the skin's stratum corneum and prevent dehydration.
- **Albizia Extract** (also known as "silk tree"): works against the signs of fatigue associated with the accumulation of toxins.
- **Caffeine,** has draining, lipolytic and micro-circulation stimulating power.

Following the most avant-garde advances in skincare technology Germaine de Capuccini has developed TIMEXPERT SRNS, especially created to protect the skin's defense capacity against environmental stress day and night. Utilizing the award-winning Zinc-Glycine Complex, TIMEXPERT SRNS protects stressed skin by providing essential reinforcement to help the skin defend itself against environmental stress during the day. At night, it reactivates the mechanisms of cellular regeneration. Result: the skin immediately becomes firmer, more hydrated, luminous, youthful and beautiful. Suitable for all skin types.

RECOMMENDED FOR:
All ages.

TIMEXPERT SRNS AT HOME

Repair Night Process: a serum with a high concentration of anti-oxidizing ingredients like Native Collagen, Hyaluronic Acid and a Multi-Vitamin Complex. It works in synchronicity with the protection and repair processes of the skin both day and night.

Intensive Recovery Cream: offers essential reinforcement for the skin through High-Purity Collagen Activator and Hyaluronic Acid as it boosts the skin's self-defense and reparative capacity against aggression, which causes aging.

Night Recovery Comfort Cream: a rich treatment for mature skin, that works each night to provide an energy boost, for a face that is more firm, redensified, comfortable and uniform with no signs of fatigue.

Repair Night Progress Eye: intensive serum for the eye contour with a greater than 60% concentration of active ingredients that deeply revitalize and illuminate the eye contour.

Illuminating Detox Eye Contour: an amazing treatment for the eye contour with detoxifying, revitalizing and anti-fatigue action that works against the puffiness and bags under the eyes. Its special metallic applicator, ergonomically designed and ultra-fresh, allows to carry out a light massage in each application that maximizes its drainage effect.



EXCEL THERAPY O2

BRINGING OXYGEN TO THE SKIN

EXCEL THERAPY O2 AT THE SPA

Advanced Youth Extension Program is an “intelligent” skin defense treatment with Life-Cytoxygen that works against environmental stress. Its new-generation ingredients help to restore the skin’s cellular communication and oxygenation functions, providing it the necessary mechanisms to work against aging.

RECOMMENDED FOR:
25-30 years of age onward.

EXCEL THERAPY O2 AT HOME

Comfort & Youthfulness Cleansing Milk: cleanser for all skin types that removes make-up and eliminates impurities and pollutant agents.

Comfort & Youthfulness Toning Lotion: toner for all skin types that helps the skin breathe better and protects it against environmental aggressions.

Continuous Defense Essential Youthfulness Emulsion: a light, velvety emulsion with very active ingredients that correct the main signs of aging. For normal skin with a tendency toward oiliness.

Continuous Defense Essential Youthfulness Cream: anti-aging treatment with a rich, melting texture that keeps the skin firm, smooth and youthful. For dry skin.

Essential Youthfulness Eye-Contour Cream: a triple-action formula that slows skin aging and corrects puffiness, bags under the eyes and fine lines.



EXCEL THERAPY O2

BRINGING OXYGEN TO THE SKIN

Ingredients:

- **Multi-Functional Cytokines:** an advanced complex consisting of biologically active multi-functional cytokines that works in an intelligent and personalized way to help re-establish cellular communication.
- **Life-Cytoxygen:** oxygen molecules encapsulated in innovative Ceramides penetrate the skin and help it recover oxygen and appear rejuvenated and radiant.
- **Milk Proteins:** revitalize the skin's protection systems.
- **Hyaluronic Acid:** hydrates tissues by enhancing its capacity to retain water.
- **Cocoa, Mango, Karite and Coffee Butters:** for hydrating, softening, healing and regenerating the lips.

EXCEL THERAPY O2 AT HOME

Volumizing Ultra-Correction Care Lips and Contour: plumps and hydrates the lips, prevents fine lines.

365 Soft Scrub: a delicate facial cleansing, exfoliating foam which can be used daily on moistened skin. Milk proteins revitalize the skin's protection system, helping it recover from environmental changes and aggressions.

Silky Scrub: a foamy, elegant exfoliation that allows for an in-depth cleansing. It eliminates impurities and the excess of sebum secretion, while removing dead cells from the facial skin. Due to its softness, it is suitable for all skin types, including sensitive and impure skin. It is recommended to be used 1 - 3 times per week. Its formulation, based on wax micro-spheres and papain, bring the skin luminosity and freshness.

Essential Youthfulness Intensive Mask: provides the skin with a high concentration of MPC-Defense Complex and oxygen molecules for a youthful glow.



TIMEXPERT RIDES

SMOOTHING WRINKLES AND EXPRESSION LINES

TIMEXPERT RIDES AT THE SPA

The powerful action of Amino Peptides, Soybean Seed extract and an exotic blend of Plant Oils, rejuvenate the face, minimize fine lines and return firmness and suppleness to the skin. The **Rides Advanced Correcting Program** restores the skin's youthful appearance after just one session, eliminating wrinkles and filling-in expression lines. For a younger and more beautiful look, combine with the **Eye Contour Lines and Wrinkles Special Program**, a fast, effective solution that erases wrinkles, makes bags under the eyes less visible and relaxes the eye contour.

RECOMMENDED FOR:
30 years of age onward.

Ingredients:

- **Ceramide Complex:** enriches the formula and keeps the skin's natural hydration system in its best condition.
- **Micro-Dermoxine® Complex:** an exclusive combination of peptides that neutralize the visible effects of facial micro-tensions and provides collagen micro-fragments to fill-in wrinkles.
- **Soybean Seed Extract:** strengthens the skin's natural ability to repair itself.

TIMEXPERT RIDES AT HOME

Rides Correction Record Serum Lines/Wrinkles: rich serum that increases collagen and elastin production in the skin, helps to minimize expression lines and wrinkles and has a gentle lifting effect. Use before the Rides Correction Rich Cream.

Rides Correction Rich Cream: provides immediate comfort for dry skin with no oily residue. A moisturizer that provides a global action against wrinkles and serves as an excellent make-up base.

Rides Eye Treatment: double care for the eye contour designed to work against the different visible signs of skin aging, day and night. During the day, an emulsion keeps the skin hydrated and protected from micro-tensions as Light Pigments revitalize the eye contour area. The nighttime mask erases bags; Azarole Bud extract minimizes puffiness through



TIMEXPERT RIDES X.CEL

CORRECTING DEEP WRINKLES

Ingredients:

- **Plant Stem Cells Extract:** extracted from a special variety of apple; nano-encapsulated to protect the skin's stem cells.
- **Ceramide Complex:** enriches the formula and keeps the skin's natural hydration system in its best condition.
- **Pro-Collagistine Fill:** increases collagen and elastin production to repair wrinkles from the inside.

The latest advances in cellular biology have proven the effectiveness of plant stem cells in strengthening the regenerating potential of the skin's epidermal cells, which delays aging and repairs wrinkles. Based on these discoveries, Germaine de Capuccini has created the X.CEL treatments for home use, whose main objective is to repair wrinkles that have set in the skin. Their main ingredients create nourished, firm skin with faded wrinkles, for a radiant, youthful face.

RECOMMENDED FOR:
35 years of age onward.

TIMEXPERT RIDES X.CEL AT HOME

Rides X.Cel Retinage Filler Serum: an intensive serum, that works on all the visible signs of aging in mature skin, especially on filling in and correcting deep wrinkles. The new generation of hydrogenated Retinol used in the product increases the production of hyaluronic acid in the dermis. This increase of volume creates a "push-up" effect that makes the wrinkle swell from the inside.

Rides X.Cel Youthfulness Re-Creation Cream: this exceptional cream features a plant stem cells extract, from a rare apple, cultivated in Switzerland. This extract provides extraordinary cell nutrients which penetrate under the wrinkle, recreating and repairing what the passing of time has caused. It increases collagen and elastin production, repairing wrinkles from inside. Perfect for normal to dry skin.

Refinition Illuminating Booster: a powerful serum based on the 3HD Correction technology (Tone, Texture and Wrinkles) that recovers the uniformity and intense luminosity typical of youthfulness. The incredible of its texture is instantly felt. Apply daily after your usual treatment cream.





ROYAL JELLY

ANTI-STRESS AND OXYGENATING ACTION

Ingredients:

- **Royal Jelly:** made by bees, is rich in B vitamins and trace elements; strengthens, regenerates and revitalizes the skin.
- **Poria Cocos Extract:** a fungus found on the roots of pine trees; is anti-inflammatory, invigorating and reduces the negative effects of UV rays; boasts strong anti-aging powers.

ROYAL JELLY AT THE SPA

Germaine de Capuccini's **Royal Jelly** line enhances the skin's ability to protect itself and quickly recover from the damage of daily external stresses. The line includes: **Royal Jelly** made by worker bees, an exceptional elixir given to us by nature, and **PoriaCocos extract**, a mildew from pine trees, with extraordinary benefits for the skin. Both ingredients work in synergy on the epidermal cohesion affected by Stress and, in this way, restore skin resilience. The **Royal Jelly Program** will nourish, revitalize, repair the skin from within and promotes an "optimal resilience", thus favoring firmness and radiance in the skin. Its voluptuous textures and subtle scent give immediate results.

RECOMMENDED FOR:

All ages and skin types, especially those that are subject to external aggressions.

ROYAL JELLY AT HOME

Melting Make-up Removal Milk & Lotion:

a cleansing milk and make-up removal lotion in one, which gently dissolves all impurities and traces of make-up on the skin. After use, the face looks clean and is free of impurities. Ideal for all skin types, especially those exposed to fatigue and extreme environmental stress.

Pro-resilience Royal Cream:

a day treatment cream that supports optimal skin resilience—the foundation to preserving a beautiful and youthful look. Skin looks plump and velvety, with better density, texture and luminosity. It recovers firmness and the appearance of wrinkles slows. Signs of fatigue fade. Available in two textures: "Comfort" for normal skin, and "Extreme" for dry skin, which features a richer formula that instantly melts into the skin.



SYNERGYAGE

RENEWING AND LIGHTING

SYNERGYAGE AT THE SPA

The ultimate in advanced anti-aging treatment which prevents, balances and correct the appearance of dark spots. **The Synergyage Program** starts with an intensive Glycolic Facial Peel to renew the skin at the deepest level and improve hydration, before applying a customized cosmeceutical Serum and Mask, to provide a more youthful, firm and toned appearance.

RECOMMENDED FOR:
25 years of age onward.

Ingredients:

- **Citric and Tartaric Acids:** powerful exfoliators.
- **Papain and Castanea Sativa Extract:** enzymatic exfoliators that makes it possible to achieve a progressive and controlled exfoliation.
- **Melanolight Process:** a revolutionary technology based on the innovative blend of several plant ingredients which work synergistically on each part of the melanin synthesis process; extracts include wild bellis perennis, vitamin C, opuntia flower extract and liquorice root extract.
- **Glycolic Acid:** encapsulated in cyclodextrins.

SYNERGYAGE AT HOME

Intense Renewal Exfoliating Mask: a powerful renewing mask with gel texture that, due to the action of its ingredients, promotes a perfect peeling of the stratum corneum, thus improving skin hyperkeratinization and renewal. Indicated for all skin types, even sensitive ones.

Extra Nourishing Multi Perfection Cream: a nourishing anti-aging treatment that reactivates the essential functions of dry or very dry skin. Regenerates, nourishing and provides an intense cellular rebirth.

Spot Diminish - Precision Perfecting Concentrate: treatment that slowly erases dark spots caused by the sun and aging on the face, neck, décolletage and hands. Apply at night on clean skin, directly onto each dark spot, then follow with other products.

Spot Correction Intensive Serum: prevents and corrects dark spots and signs of aging. Apply on the day time underneath the Extra Nourishing Multi-perfection Cream.

Hydro-Retexturing Booster: an intensive retexturing serum with a 10% concentration of encapsulated Glycolic Acid which enhances cell renewal while restoring the skin and providing anti-aging and hydrating benefits.



Ingredients:

- **Hyaluronic Acid with Different Molecular Weights:** helps restore hydration and prevents water loss, strengthens the skin's natural defense system against bacterial flora and improves the skin's suppleness, firmness, wrinkles and density.
- **Microsponges with Lactic Acid:** immediately provide a velvety, smooth touch for combination or oily skin.
- **Microsponges with Ceramides:** Reinforce the integrity of the skin barrier; ideal for dry and very dry skin.
- **Thermal Water:** from the Izumo Yumura spring in Japan. Of volcanic origin and enriched with nutrients, it increases hydration levels and improves the cutaneous relief.
- **Marine Collagen:** protects against moisture-loss.

HYDRACURE AT THE SPA

Dehydration, even in youthful skin, is one of the main factors that make skin more vulnerable to oxidative stress, which accelerates the appearance of the first signs of aging: dull tone and fine wrinkles. **HYDRACURE** is the first professional hydration line that takes into account both skin type and climate. The **Hydracure Active Hydration Advance Program** provides 100% hydrating action through Hyaluronic Acid and other natural ingredients that blend into the skin and absorb into the surface and through to the deeper layers of the skin, thus providing a new intense and lasting hydration. The skin is more resistant to the signs of premature aging, is super hydrated, silky, comfortable and beautiful.

RECOMMENDED FOR:
All ages.

HYDRACURE AT HOME

Hydracure Cream Normal to Combination Skin or Warm Climates: provides immediate and lasting active hydration by means of its light texture that rapidly absorbs and does not leave shine.

Hydracure Cream Normal to Dry Skin: its silky texture provides the skin with immediate well-being as well as with intense and lasting hydration. Formulated with luxurious ingredients that preserve the skin's hydration and youthfulness.

Hydracure Rich Cream Very Dry Skin or Cold Climates: is the most hydrating treatment for dry skin created by Germaine de Capuccini. Its extra rich, comfortable texture relieves the sensation of tightness, associated with very dry skin and cold climates.





TIMEXPERT C+ A.G.E.

INTENSIVE MULTI-CORRECTION: FIRMNESS, LUMINOSITY AND YOUTHFULNESS

Ingredients:

- **Pure Vitamin C:** anti-free radical, stimulates collagen synthesis and protects the skin.
- **Ascorbyl PM and Orange Concentrate:** keeps the skin smooth, firm and radiant.
- **Vitamin C (VC-IP) Derivative:** extremely stable and not susceptible to break-down from heat or oxidation; has excellent penetration; once absorbed, it decomposes in the form of Pure Vitamin C to provide all its benefits.
- **Orange Concentrate:** a combination of vitamins C and B, together with orange essential oil, which protects and activates the power of the vitamins by means of a mechanism that "imitates" nature.
- **Orange Wax:** another form of Vitamin C extracted from sweet orange seeds. It provides the formula with silkiness.
- **Ume Extract:** taken from a Japanese plum, Ume contains twice as many proteins, minerals and fats as any other fruit, providing a powerful anti-glycation effect.
- **Olive Leaves and Spices Extracts:** anti-free radical fresh scent.

TIMEXPERT C+ AGE AT THE SPA

First professional anti-aging treatment that counteracts the negative effects of skin glycation that set off premature skin aging. TIMEXPERT C+ A.G.E. line stimulates the essential functions of the skin like anti-oxidizing, regenerating, hydrating, illuminating and balancing. It also activates the production of collagen to improve skin firmness.

RECOMMENDED FOR:

25-30 years of age onward.

TIMEXPERT C+ AGE AT HOME

Timexpert C+ (A.G.E.) Intensive Multi-Correction Emulsion: light fresh emulsion fights against first expression lines and wrinkles, dehydration, loss of luminosity and firmness. It's new and more advanced formula works against skin glycation, the main cause of skin aging. Perfect for combination skin and is quickly absorbed.

Timexpert C+ (A.G.E.) Intensive Multi-Correction Cream: sensational treatment with a powerful anti-oxidizing action. Improves the color and hydration of the skin. Visibly more youthful, the skin recovers luminosity, appearing again smooth and firm. Indicated for normal to dry skin.

Timexpert C+ Pure C Essence. Facial Serum with Pure Vitamin C: a true revitalizing essence with a high concentration of Pure Vitamin C that intensely repairs the skin's luminosity, vitality and uniformity.



PUREXPERT

BALANCE FOR OILY SKIN

PUREXPERT AT THE SPA

Balance oily skin and achieve a shine-free skin with the Purexpert Line. The **Purexpert Program** provides a perfect combination of different components, featuring tea tree extract and purifying oils, and a specific application method leaving the skin with a matte, uniform and clean appearance.

RECOMMENDED FOR:
All ages.

Ingredients:

- **Manuka Concentrate and Willow Extract:** works inhibiting the growth of undesirable microorganisms while reducing sebum production.
- **Cooper and Zinc:** sebum-regulating ingredients.
- **Lavender Essential Oil:** reinforces the antiseptic properties of the soap and favors the healing of wounds.
- **Salicylic Acid and Alpha Hydroxy Acid:** promote the desquamation of the corneal layer.
- **Micro-sponges loaded with Lactic Acid:** promote excess sebum and optimize the penetration of the lactic acid in the intercellular cement.
- **Oily-Reduction Phytocomplex:** reduces the appearance of pores.
- **Oleanolic acid:** sebum-regulating.
- **Red Clay:** purifying and astringent agent.
- **Tartaric Acid and Wax Micro-Spheres:** renew the epidermis.

PUREXPERT AT HOME

1- CLEAN

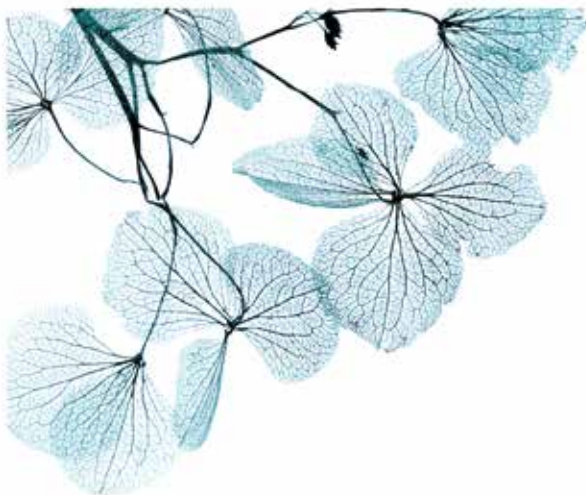
Purifying Mattifying Foam: deeply cleanses the oily skin and works effectively to reduce excess oil, while leaving the skin feeling comfortable with a feeling of freshness and with a lasting mat appearance (no shine!). Favors the natural protection and sebum-regulation of the skin due to its active principles.

Anti-Imperfections Dermo-Cleanser: soap free, ideal for skin with imperfections and acne prone. Cleanses without damaging the protective hydrolipidic film nor altering the PH of acne prone.

2- RENEW

Refiner Essence Fluid: exfoliating essence that removes dead cells from the surface of the skin and provides immediate luminosity and smoothness. It's renewing action guarantees the skin's natural balance. Use after cleansing the skin with either of step one's products.





SPECIFIC CARE/Oily Skin

PUREXPERT

BALANCE FOR OILY SKIN

PUREXPERT AT HOME

3- HYDRATE

Hydro-Mattifying Gel-Cream: hydrates, smooths, comforts and helps oily skin regulate excess sebum as well as shiny spots on the skin. Additionally, it helps prevent potential breakouts, while hydrating the skin and preventing dryness and desquamation. Oil-free.

SPECIFIC PRODUCTS

Roll-on-Spots S.O.S.: is a focused and intensive treatment which fights breakouts. Its roll-on applicator maximizes its global action and by being applied directly on the breakouts it helps them to quickly disappear. The skin shows a healthier and more pure appearance.

Exfoliating Mask: a mask that improves in just a few minutes the appearance of oily skin and skin with imperfections. It has an intense purifying, exfoliating, mattifying and pore-minimizing action that makes skin recover purity and luminosity.



SO DELICATE

CALMING AND STRENGTHENING SENSITIVE SKIN

SO DELICATE AT THE SPA

SO DELICATE is the professional treatment that combines the best of nature with the latest skincare technology to become the definitive solution for sensitive and reactive skin. A line of products designed with a unique selection of Phyto-Active Extracts in a ceramide and lipid base, whose result is a soothing, smoothing and self-defense stimulating action. The **Professional Treatment** calms and treats sensitive skin on its surface, by boosting its own self-defense mechanisms and by reducing its reactivity to irritants.

RECOMMENDED FOR:
All ages.

Ingredients:

- **Phyto-Active Extracts:** an exclusive combination of natural extracts such as lupin, corn, arnica, calendula, carrot and rice; provides a soothing effect to reinforce the skin's own self-defense.
- **Defensive Complex:** an exclusive complex of plant origin containing rosemary, tea, chamomile, and Asian plants.

HYPOALLERGENIC
DERMATOLOGIST - TESTED
on sensitive skin

SO DELICATE AT HOME

Tolerance Care Cream: delicate, smooth textures suitable for normal sensitive skin types that combine hydrating and nourishing ingredients with a soothing action.

Tolerance Rich Care Cream: provides immediate relief and comfort especially for dry sensitive skin. It combines hydrating and nourishing agents with an effective and pleasant soothing action.

S.O.S. D-Sensitizing: an ultra-soothing serum. Its exclusive formula, enriched with extra ingredients, contains Defense Complex, an exclusive complex of plant origin with a soothing and anti-oxidizing action. Calms the skin, strengthens it and makes it less reactive to stimulations which normally irritate it.



TIMEXPERT LIFT**LIFTING, RESHAPING AND FIRMING FACIAL FEATURES****Ingredients:**

- **Kombucha:** mushroom with “lipo-filling” properties; stimulates fats cells to refill themselves where the face needs it, which helps reshape and redefine contours of the face.
- **Sesame Extract:** offers “hydro-filling” properties which refill the water reserves of the skin; this helps smooth and tighten the face.

TIMEXPERT LIFT AT THE SPA

A firming treatment line with lifting effects inspired by Divine Proportion, that remodels volumes in a unique, personalized way. Its innovative formula combines two complementary actions that improve the problems of flaccidity and loss of facial volume: Lipo-Filling and Hydro-Filling actions. The **Advanced Redensifying Firming Program** improves sagging and the lack of feature-definition in the face. The results? A more firm, more defined facial oval with wrinkles that are less visible.

RECOMMENDED FOR:
35 years of age onward.

TIMEXPERT LIFT AT HOME

Perfect Volume Facial Treatment: redensifies and provides volume for facial areas that need it. With two textures: one which is rich in nourishing and hydrating agents for dry skin, and a light, melting and non-oily texture for normal skin with a tendency toward oiliness.

Instant Lift Firming Concentrate: a concentrated formula capable of providing the skin with an immediate and lasting lifting effect. The face recovers firmness and the oval is rebalanced. Apply after the Facial Treatment. Ideal as a make-up base.

Lift Eyes: smooths wrinkles and brings extra luminosity to the eye contour. Dark color under the eyes is reduced. The addition of Soy brings firmness to the contour area.

Lift Neck and Décolletage Remodeling Cream: reduces flaccidity and sagging, wrinkles and creases, redefines the jaw line and diminishes the double chin.



OPTIONS UNIVERSE

A SOLID FOUNDATION OF CORE PRODUCTS

A line designed to cover the basic requirements for treatment of all skin types. These daily-care products offer solutions that visibly improve the state of the skin and provide it with beauty and health.

Ingredients:

- **Silk Biopolymers and Hyaluronic Acid:** prevent dehydration and protect lipids in normal to dry skin.
- **α - Bisabolol (German Chamomile Essential Oil):** soothing, decongestant, anti-irritating for oily/impure skin.
- **Highly Purified Oat Extract:** lessens irritation and redness in sensitive skin.
- **Chamomile and Valerian Extract:** soothes and smooths the skin.
- **Olive and Wheat Proteins:** extremely gentle ingredients for effective cleansing without harming the skin's acid mantle.
- **Wakame Algae Extract:** hydrates and tones the skin.
- **Lauryl Glucoside:** coconut oil; effectively removes waterproof make-up, leaving eyelashes and lips hydrated and moist.

EYE MAKE-UP REMOVAL

Express Make-Up Removal Water: cleanses, purifies and tones the face, eyes and lips. Perfect for travelling. Perfume-free. No removal needed.

Make-Up Remover Towelettes: removes make-up, hydrates and tones with the help of Wakame Algae Extract. A quick and easy solution for short trips, gym bags or to refresh oily skin midday.

Bi-Phase Make-Up Remover: highly effective formula with two layers: one watery and one oily that rapidly and gently removes even waterproof and long-lasting make-up. It hydrates and smooths the skin, leaving a pleasant sensation of freshness.

CLEANSING & TONING

NORMAL/DRY SKIN

Total Comfort Cleansing Milk: hydrates, smooths and prevents moisture loss. Also removes make-up. Contains Silk Biopolymers and Hyaluronic Acid.

Total Comfort Lotion: prevents dehydration and protects the skin's lipids. Contains Biomolecules and Hyaluronic Acid. Alcohol-free.

OILY/COMBINATION SKIN

Facial Purifying Cleansing Gel: removes make-up residue, leaving the face feeling fresh. Breaks down oil accumulations for pure, deeply cleansed skin. Made with α-Bisabolol.

Oily Skin Lotion: with a balancing, astringent and mattifying effect. Active ingredients include Valerian extract and Sepicontrol A5. Alcohol-free.



OPTIONS UNIVERSE

A SOLID FOUNDATION OF CORE PRODUCTS

CLEANSING & TONING

DELICATE SKIN

High Tolerance Cleansing Milk: soothes and returns the appearance of sensitive skin to normal. Desensitizes the skin and enables it to resist external environmental agents. Includes Highly Purified Oat extract and Chamomile.

High Tolerance Lotion: alleviates and reduces signs of sensitivity. Features Highly Purified Oat and Chamomile. Alcohol-free.

EXFOLIATION

Exfoliating Scrub: cleanses, smooths and refines the skin. Contains Menthol and Polyethylene particles. For delicate skin, mix with cleanser or a few drops of water.

HYDRATION

Hydra-Balance Facial Cream: daily care for dehydrated skin that helps maintain optimal skin hydration levels, protects it against external aggressions and delays skin aging. Formulated with the Hydra-System formula.

SPECIFIC PRODUCTS

Aloe Vera Hydro-Gel: anti-inflammatory, hydrating and soothing gel helps skin to recover quickly from harsh treatments or to add extra hydration, even for oily or combination skin. Active ingredient: Aloe Vera.

Golden Cresse Tan Magnificent: intensifies and prolongs tan, while regenerating, soothing and hydrating the skin. Tan Magnificent can be used any time of the year on both the face and the body. Include two drops in your daily facial or body treatment cream.

Ingredients:

- **Sepicontrol A5:** a blend of 5 essential oils; sebum-regulating, slows oil production, kills bacteria, reduces inflammation.
- **Larycil:** a mushroom extract; astringent and mattifying.
- **Polyethylene Particles:** carbon and hydrogen atoms that eliminate dead cells from the skin's surface.
- **Hydra-System:** exclusive GdC formula which helps skin cells maintain their own optimal hydration level.
- **L-Carnosine:** powerful neutralizer of free radicals.
- **Coenzyme Q-10:** protects against the formation of lipidic free radicals.
- **Vitamin E:** great anti-oxidizing power for the skin; increases the hydration of the stratum corneum.
- **Biopolymers:** proteins from sweet almonds; provide immediate rejuvenation.





FOR MEN

SKIN CARE CREATED JUST FOR HIM

Ingredients:

- **Eashave:** soothes, refreshes, and restores lipids eliminated after shaving.
- **Castanea Sativa Extract:** stimulates a natural exfoliation for cellular renewal: restores balance of the skin barrier.
- **Lauryl Isoquinolinium Bromide:** slows down hair growth, weakens the formation of new hair.
- **Pseudoalteromonas Ferment Extract:** regenerates the superficial layer of the skin harmed by daily shaving.
- **Aloe Vera and Alantoin:** wound-healing hydrating, antiseptic and anti-inflammatory properties.

FOR MEN AT THE SPA

FOR MEN is a line of products created exclusively for the needs and care of men's skin. Based on natural ingredients, these products feature light, easily absorbed textures so that daily skin care becomes easy, effective and pleasant. The **C-Plus Energy Professional Program** restores lost energy and vitality, while eliminating accumulated toxins and strengthening the skin's defenses against pollution, stress, lack of sleep and free radicals.

FOR MEN AT HOME

Cleansing and Exfoliation

Aqua Clean Formula: light, refreshing gel that cleanses imperfections daily, eliminates excess sebum on the skin and minimizes the appearance of large pores.

Cool Scrub: purifying facial exfoliator with microspheres that eliminates dead cells, excess sebum and residues from the skin surface. Its ingredients provide freshness, smoothness and luminosity. Unscented.

Hydration

Hydra-Elements Facial Cream: active hydrating cream rich in Birch Sap and Trace Elements. Restores the comfort of totally hydrated skin, gives tone and renews the energy lost through daily activity. Non-oily for a matte finish.



SPECIALLY FOR HIM

FOR MEN

SKIN CARE CREATED JUST FOR HIM

Ingredients:

- **Birch Sap and Trace Elements:** revitalize and provide the skin with energy.
- **Olive Leaf Extract:** re-balances skin's sebum level and provides it with a more matte appearance.
- **FR-Oxidefense:** a natural peptide that works on the cell metabolism to stimulate cell communication.
- **Vitamin C:** Protects skin against external aggressions and signs of aging.
- **Micro-Dermoxine Complex:** neutralizes the effects of skin micro-tensions, while filling in lines and wrinkles.
- **Hyaluronic Acid:** prevents dehydration; provides smoothness and firmness.
- **Caffeine with a Molecule of Organic Silicon:** eliminates accumulated liquids, toxins and puffiness; firms and restructures the skin.

Anti-Aging Treatments

Age Resist. "Shield Effect" Activate Care: an innovative revitalizing formula that acts like a "shield", defending the skin from aging and from fatigue caused by daily stress and environmental aggression. Features FR-Oxidefense and Birch Sap.

Force Revive: a new-generation concentrate that works to correct and delay further signs of aging. With more than 50% of high-technology ingredients within the product – skin looks younger, less tired, de-stressed and firmer within a matter of days. A complete set of anti-oxidizing ingredients are taken to the heart of each cell, working to regenerate aging skin and achieving high levels of hydration the whole day long.

Energy Extreme Mask: restores the energy to the face and eliminates signs of fatigue in just 10 minutes. Its "shield" effect protects the skin against free radicals and environmental aggression, while providing hydration and tone. Its anti-aging formula contains ingredients such as FR-Oxidefense and Birch Sap. Suitable for all skin types, its gel-cream texture is quick and easy to apply.

Eye Treatment

Energy Eyes Roll-On: its innovative roll-on applicator with steel tip immediately provides an energy-freshness effect, allowing to massage localized areas, relaxing, relieving, refreshing and hydrating the eye contour area. Puffiness is reduced, wrinkles are minimized, the features are smoothed and as a result, the face looks more rested.





EVERYTHING YOUR BODY NEEDS

PERFECT FORMS

YOUR BODY...PERFECT!

PERFECT FORMS AT THE SPA

PERFECT FORMS is a line designed to maintain the body's youth by eliminating toxic substances, sculpting, conserving elasticity and maintaining or restoring skin and muscle tone. **The Lipo-Stock Extreme Program** is an intensive reducing program that works like a powerful lipo-reducer, clearly reducing cellulite and visibly slimming the silhouette thanks to the new and studied combination of advanced ingredients. The perfect solution if you want to lose volume and show off a slim, modeled silhouette.

Ingredients:

- **Grape Extract:** a powerful "fat burner" whose activity on fat accumulations is 30 times greater than pure caffeine.
- **Chrysanthemum Extract:** prevents new fat accumulations helping to achieve a modeled figure with a firmer appearance.
- **Alaria Esculenta Extract:** with firming action.
- **Hazlenut and Cotton Oils:** hydrating agents.
- **Birch Oil:** rich in betulinic acid, with firming action that protects elastin and connective tissue and increases collagen synthesis.
- **Centella Asiatica:** contains unsaturated fatty acids, terpenes and phytosterols that transmit their firming and anti-ageing characteristics.
- **Lupinus Albus Seed Oil:** increases collagen synthesis while protecting its structure, which provides the skin with tone and firmness.
- **Apricot Oil:** with a powerful soothing and smoothing action.
- **Carrot Oil:** with anti-ageing action.
- **Organic oil of Baobab seeds:** with nourishing and regenerating properties.

PERFECT FORMS AT HOME

ANTI-CELLULITE

Slim Precision Out-Solution: is a rapidly penetrating fluid body emulsion, that has a significant effectiveness at reducing the appearance of cellulite, working on correcting and preventing the formation of fat on the adipocyte and help improve the circulatory system. Its formula based on plant extracts ensures optimal results: smoother skin, minimized sensation of heaviness and swelling, lighter silhouette.

S.O.S. Liposolution: a booster treatment especially designed to help eliminate the most "stubborn" cellulite. Its ultra-concentrated formula, with grape and chrysanthemum extracts, makes the S.O.S. Liposolution the perfect "fat burner" for cellulite preventing new accumulations that help to achieve a modeled figure with a firmer appearance. The product provides slight heat; this sensation of heat is intensified when it is applied immediately after showering.



PERFECT FORMS

YOUR BODY...PERFECT!

PERFECT FORMS AT HOME

FIRMING AND LIFTING

Elastic Body Firming: an effective smoothing, firming and hydrating solution that restores the skin with firmness, density and suppleness lost with the passing of time. The silhouette is defined and toned by its formula made up of powerful anti-ageing ingredients. Daily use of ELASTIFIC makes skin flexible and supple because the collagen net is redensified, the elastin net is restructured and the skin architecture is substantially improved.

Oil Phytocare Firm & Tonic Oil with Baobab: a sensory firming body oil formulated with ingredients 100% of plant origin. Body skin appears firm and youthful. This prodigious oil combines a high skin nourishing, protective, smoothing, hydrating, soothing and regenerating power. Apply with massage after the shower on slightly moistened or dry skin.

REMODELLING

Lift Designer: this gel-cream with a fresh, melting texture, redesigns the body contours, working like a true body architect: slows down the expansion of the adipose tissue, stimulates and protects one of the components responsible for skin firmness and forms an elastic grid on the skin surface that produces a tension with immediate lifting-smoothing effect, favoring the definition of the silhouette.



PERFECT FORMS

SPECIFIC AREAS

Ingredients:

- **3-Action Bust Complex:** a multi-functional ingredient that concentrates three actions: natural "volumizing", firming and "detoxifying" progressive effect of the epidermis.
- **Salicylic Acid:** softens rough skin so it can be easily removed.
- **Allantoin:** fights against irritation, roughness and cracked skin.
- **Polyglutamic Acid:** extracted from soy bean to retain moisture.
- **Milk Proteins:** a complex that regulates the metabolism of the melanocytes for a uniform pigmentation.
- **Prosjine:** a peptide of hydrolized keratin that favors a large increase in hydration.
- **Urea:** a very powerful hydrator that attracts water from the dermis.

SPECIFIC AREAS AT HOME

Ageless Hands: a powerful anti-ageing treatment cream that works to reduce dark spots and increase the tone of the skin. Deeply hydrates and nourishes. So much more than just a hand cream, is a true treatment that protects, repairs and deeply hydrates the skin of your hands and strengthens the internal structure of your nails. Ideally use morning and evening and every time you apply water to your hands.

Rescue Feet: an amazing cream that restores the damaged skin on feet that have been subjected to suffocation, pressure and rubbing amongst other external attacks. It brings back the skin's natural hydration, protects the skin and maintains its barrier function to impede loss of water, relieves damaged areas, protects against repeated friction and prevents the formation of hard skin and calluses. Includes a silky "talcum powder effect" which lubricates and forms a protective film on the foot. It leaves the feet with a non-greasy, fresh feeling so you can put on your shoes immediately.

Replenish & Lift Bust Beauty Firming Care: a cream with a silky and melting texture that restores for the skin of the breasts all the firmness, well-roundedness, tone and hydration lost with the passing of time. The bust recovers a more seductive and beautiful appearance; the dermal brassiere is strengthened. Apply day and night for better results.



BODY HYDRATION

NOURISHING

Ingredients:

- **Tropical Mango Butter:** nourishes and hydrates.
- **Macadamia Oil:** smoothes and prevents aging.
- **Grape Seed Oil:** provides hydration and suppleness.
- **Vitamin C+:** protects DNA and improves collagen synthesis.
- **Menyanthes Trifoliata Extract:** improves firming.

BODY HYDRATION AT HOME

Timexpert C+ Revitalizing Body Firming Cream: a firming treatment with a high nourishing power, due to its composition in Vitamin C, that provides the skin with a new youthfulness. Its light texture, the sweetness of its fragrance and the subtle reflecting micro-pigments, day by day make the skin appear visibly more supple, incredibly silky, luminous and with a more youthful appearance.

Nutrivity: anti-age body treatment that nourishes intensely, hydrates in depth and revitalized the skin, leaving it extremely soft and velvety with a unique feeling of comfort and well-being. Recommended for women who want to rebalance and recover all the vitality of youthful skin and act against premature aging.



PRECIOUS STONES COLLECTION

LUXURY AND HARMONY

PRECIOUS STONE AT THE SPA

The **Precious Stone Collection** includes two treatments at the Spa. In the **Diamonds Therapy**, enjoy a luxurious re-mineralizing and anti-aging ritual with precious stones plus a touch of well-being for your mind with the use of Chakra Stones. In the **Gold Therapy**, enjoy glamour and sophistication while revitalizing the skin; your body will be enveloped in a golden veil promoting hydration, smooth and radiant skin.

Ingredients:

- **Macadamia Oil:** smoothes and prevents aging.
- **Grape seed Oil:** provides hydration and suppleness.
- **"Gold Algae" extract:** makes it possible to prevent signs of aging and to protect cellular DNA.
- **Diamond:** its energetic action helps heal and stimulate the immune defenses.
- **Amethyst:** improves the texture of the skin by delaying the effects produced by stress.
- **Sapphire:** soothes and relieves irritated skin.
- **Ruby:** powerful stimulator and regulator of blood micro-circulation.
- **Malachite:** works like a cellular protector and detoxifier, it activates the anti-oxidizing mechanisms and increases the production of collagen and elastin.
- **Rhodocrosite:** generates feelings of serenity and inner harmony and revitalizes the skin.
- **Magnesium, Iron, Zinc, Copper and Silica:** these trace elements help prevent and repair the deep causes of aging.



PRECIOUS STONE AT HOME

Radiance Gold: an exceptional fluid with gold particles that instantly elevate the beauty of the face and body. Through a combination of nourishing oils like macadamia and grapeseed, along with golden algae extract, the skin is strengthened, nourished, hydrated and covered with a veil of golden particles. A true pleasure for sense and a perfect complement to the face and body any time of the day or night.

Gem Vital Body Cream: based on precious stones, this exquisite remineralizing treatment for the body has a great sensory power that intensely nourishes and hydrates the skin and provides it with vitality, firmness and protection. At the same time, it illuminates and embellishes the skin leaving it looking and feeling luxuriously wonderful! Recommended for all skin types.

NATURE COLLECTION

ESSENCE OF THE MEDITERRANEAN

Ingredients:

Algae Extract: tone and stimulate the metabolism; slimming action.

Beeswax Particles: provides hydration and nourishment.

Mineral Salts: soft exfoliation action.

Red Grape: rich in vitamins A, B1, and B2 making it a powerful anti-free radicals.

Vitamins C and E: provides hydration and protection.

NATURE AT THE SPA

The **Nature Collection** offers multiple species of plants and bushes from the Mediterranean vegetation. The treatment starts with a delicious massage with a taste of the sea that will free the skin of dead cells leaving it extremely smooth and deeply hydrated; finishing with an amazing wrap of Aloe Vera and Mint, this amazing treatment provides a refreshing relief for the whole body.

NATURE AT HOME

Spa Exfoliating: it offers a sensational body exfoliation that nourishes and softens the skin, leaving it incredibly smooth and supple. The skin achieves a surprisingly velvety feel and a luminous appearance with this amazing algae and mineral salts.

Red Grape Shower Gel: a cleansing, refreshing, gel for the body that gently cleanses the skin in-depth without aggression and stimulates the senses thanks to its soft aroma and silky smooth texture. The skin is left toned and smooth.



SPERIENCE COLLECTION

TRANQUILITY AND RELAXATION

SPERIENCE AT THE SPA

Discover the most incredible and new sensations, where the mind, the body and the spirit live unforgettable pleasant experiences. The **Sperience Collection** offers you one-of-a-kind massage with exclusive tools, brought from different corners of the world, together with five different essential oils blended together to transport you to a land of tranquility and a state of deep relaxation.

Ingredients:

- **Karite Butter:** contributes hydration and elasticity.
- **Lime Essential Oil:** works against stress, depression and nervous tension.
- **Lemon Essential Oil:** anti-septic, astringent, curative and clarifying.
- **Mandarin Essential Oil:** calms, revitalizes and tones.
- **Nutmeg Essential Oil:** works against fatigue.
- **Lavander Essential Oil:** soothing action.

SPERIENCE AT HOME

Sperience Bath and Body Oil: just the most beautiful aromatherapy bath product that will provide relaxation to your body and mind, thanks to this 100% pure essential oils infusion. This wonderful Bath Oil will provide you with the most wonderful aromatic spa experience at home by pouring two caps into your bath tub, or by applying a few drops of the oil into your décolletage and arms. Available in two aromas: RELAX and VITALITY.

Sperience Silk Body Lotion: a delicate hydrating body milk presented in two different aromas, that envelops your skin with the delicious and enticing aroma to help your mind and body RELAX or to provide VITALITY to your senses. RELAX contains Karite Butter to care for, and protect the skin leaving it soft and silky to the touch, while VITALITY contains Mandarin, Nutmeg, Lime, and Lemon for uplifting and energizing your skin.



PRACTICAL ADVICE

TIPS FOR ACHIEVING PERFECT SKIN AND BODY

Maintaining perfect skin can be as simple as working consistently at it with the appropriate products. It is also important to follow the advice of your aesthetician, who will offer you the most suitable solution to the problems that worry you most. However, here are some simple ideas you can begin to put into practice.

ATTACK WRINKLES

- Use specific products which help soften expression lines.
Hydrate and nourish your skin morning and night according to its needs. Dry skin increases the appearance of wrinkles.
 - Apply skin care products concentrating on performing a crosswise massage over the main wrinkles.
 - Include vitamins A and C in your diet.
 - Do not expose your skin to the sun for too long and be sure to always use a product with solar filters.
-

MY FACE SHOWS CONSTANT FATIGUE

- Apply skincare products with stimulating movements, such as gentle pinching.
 - Use products with a lifting effect.
 - Take soothing herbal drinks, such as chamomile or linden blossom tea to relax and help your skin rest.
-

MY SKIN IS DULL...WHAT CAN I DO?

- Apply an exfoliating product 1 – 2 times a week.
 - Avoid tobacco and alcohol. Drink plenty of water.
 - Use skin care products and eat foods with vitamin C.
 - Cleanse and protect it every morning.
 - Remove make-up, cleanse and nourish your skin every night.
-

HOW CAN I BEAT “ORANGE-PEEL SKIN”?

- Choose the most appropriate product for your problem (localized, diffused, stubborn “orange-peel skin”) and apply it every morning and night.
 - In the shower, massage the area with a friction mitt to activate circulation and prevent fat accumulation.
 - Eat a balanced diet making sure to incorporate lots of fruits and vegetables.
 - Partake in physical exercise regularly.
 - Drink lots of water: at least 64 oz. a day for toxin elimination.
 - Limit tobacco and alcohol use.
-

WHAT ARE SOME BASIC MAINTENANCE STEPS I CAN TAKE QUICKLY AND EASILY ON MY BODY?

- Exfoliate your body 2 – 3 times a week.
 - Select one body product that helps with the issue that concerns you most; commit to and use it daily.
 - Regular application of a hydrator will keep your skin looking beautiful, resilient and young.
-

CAN I OVERUSE ESSENTIAL OILS?

- Unless you are pregnant or breast feeding: no. The body will excrete any excess of essential oils.

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